

Medical Benefit Highlights

Swarthmore College Keystone Point-of-Service

Covered Services	Your Costs (You pay)	
Benefits per Calendar Year	Referred	Self-Referred
Deductible (Embedded) ¹ Individual/Family	\$0/\$0	\$200/\$600
Out-of-Pocket Maximum (Embedded) ² Individual/Family	\$1,000/\$2,000	\$1,000/\$3,000
Coinsurance	0%	20%
Preventive Services		
Preventive Care	No charge	20% no deductible
Preventive Colonoscopy Preventive Plus Providers	No charge	Not covered
Hospital Based	No charge	20% no deductible
Nutritional Counseling (6 visits/year)	No charge	20% no deductible
Physician Services		
Primary Care Physician (PCP) Office Visit Office Visit	\$20	20% after deductible
Telemedicine Visit	\$20	20% after deductible
Specialist Office Visit Office Visit	\$35	20% after deductible
Telemedicine Visit	\$35	20% after deductible
Retail Health Clinic Visit	\$20	20% after deductible
Urgent Care Visit	\$105	20% after deductible
Virtual Care³		
Telemedicine (through MDLive®)	\$5	Not covered
Teledermatology	\$15	Not covered
Telebehavioral Health	\$15	Not covered
Therapy Services		
Physical Therapy (Referred: 60 consecutive days/year; Self-Referred: 60 consecutive days/year) ⁴ Freestanding	No charge	20% after deductible
Hospital Based	No charge	20% after deductible
Occupational Therapy (Referred: 60 consecutive days/year; Self-Referred: 60 consecutive days/year) ⁴ Freestanding	No charge	20% after deductible
Hospital Based	No charge	20% after deductible
Speech Therapy (Referred: 60 consecutive days/year; Self-Referred: 60 consecutive days/year) ⁴	No charge	20% after deductible
Emergency Services		
Emergency Room (copay waived if admitted)	\$150	Covered at In-Network level
Emergency Ambulance	No charge	Covered at In-Network level

Non-Emergency Ambulance	No charge	20% after deductible
Hospital Services		
Inpatient Hospital Services (Referred: 365 days/year; Self-Referred: 120 days/year) ⁵	Referred \$100/Day; max of 5 copays per admission	Self-Referred 20% after deductible
Observation Services (copay waived if admitted)	\$150	20% after deductible
Maternity Hospital Services ⁵	\$100/Day; max of 5 copays per admission	20% after deductible
Inpatient Professional Services (includes Maternity)	No charge	20% after deductible
Outpatient Surgery		
Freestanding	Referred \$75	Self-Referred 20% after deductible
Hospital Based	\$75	20% after deductible
Outpatient Professional Services	No charge	20% after deductible
Outpatient Diagnostics		
Diagnostic Medical (EKG)	Referred No charge	Self-Referred 20% after deductible
Routine Radiology (X-Ray)		
Freestanding	No charge	20% after deductible
Hospital Based	No charge	20% after deductible
Advanced Imaging (MRI/MRA,CT/CTA Scan, PET Scan)		
Freestanding	No charge	20% after deductible
Hospital Based	No charge	20% after deductible
Outpatient Lab and Pathology		
Freestanding	Referred No charge	Self-Referred 20% after deductible
Hospital Based	No charge	20% after deductible
Other Medical Services		
Spinal Manipulations (Referred: 60 consecutive days/year; Self-Referred: 60 consecutive days/year)	Referred No charge	Self-Referred 20% after deductible
Acupuncture (Referred: 18 visits/year; Self-Referred: 18 visits/year)	\$35	20% after deductible
Standard Injectables	No charge	20% after deductible
Allergy Injections	No charge	20% after deductible
Biotech/Specialty Injectables		
Home/Office	No charge	20% after deductible
Outpatient	No charge	20% after deductible
Chemotherapy	No charge	20% after deductible
Dialysis	No charge	20% after deductible
Skilled Nursing Facility (Referred: 180 days/year; Self-Referred: 240 days/year)	No charge	20% after deductible
Home Health	No charge	20% after deductible
Hospice	No charge	20% after deductible
Durable Medical Equipment (DME)	No charge	20% after deductible
Mental Health – Outpatient (includes serious mental illness and substance abuse)	\$35	20% after deductible

Mental Health – Inpatient (includes serious mental illness and substance abuse) ⁵	\$100/Day; max of 5 copays per admission	20% after deductible
Routine Eye Care	\$35	Not covered

- 1 Embedded deductible: Each covered family member only needs to satisfy his or her individual deductible, not the entire family deductible, prior to receiving plan benefits.
- 2 Embedded out-of-pocket maximum: Each covered family member only needs to satisfy his or her individual out-of-pocket maximum, not the entire family out-of-pocket maximum.
- 3 Telemedicine is provided by a designated telemedicine provider, please visit www.ibx.com/findcarenow.
- 4 Physical Therapy, Occupational Therapy, and Speech Therapy combined visit limit.
- 5 Inpatient hospital out-of-network day limit combined for all inpatient medical, maternity, mental health, serious mental illness, and substance abuse services.

Keystone Point-of-Service lets you maintain freedom of choice by allowing you to select your own doctors and hospitals. You maximize your coverage by having care provided or referred by your primary care physician (PCP). You have the freedom to self-refer your care either to a Keystone participating provider or to providers who do not participate in our network; however, higher out-of-pocket costs apply. This program may not cover all your health care services.

Designated Site – PCPs are required to choose one radiology, physical therapy, occupational therapy, and laboratory provider where they will send their Keystone members. You can view the sites selected by your PCP at www.ibx.com.

This summary represents only a partial listing of benefits and exclusions of the Medical Program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by medical policy. As a result, this managed care plan may not cover all of your health care expenses. Read your contract/member benefit booklet carefully for a complete listing of terms, limitations, and exclusions of the program. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.ibx.com/LGBooklet or call 1-800-ASK-BLUE (TTY: 711).

Benefits may be changed by Independence Blue Cross to comply with applicable federal/state laws and regulations.

Certain services require preapproval/precertification by the health plan prior to being performed. To obtain a list of services that require authorization, please log on to <http://www.ibx.com/preapproval> or call the phone number that is listed on the back of your identification card.

Referred benefits are underwritten or administered by Keystone Health Plan East; Self-Referred benefits are underwritten by QCC Insurance company, subsidiaries of Independence Blue Cross - Independent licensees of the Blue Cross and Blue Shield Association. www.ibx.com



Drug Benefit Highlights

Swarthmore College Select Rx \$15/\$35/\$50 Keystone

Covered Services

Benefits per Calendar Year

Deductible
Out-of-Pocket Maximum
Formulary

Retail Pharmacy

Tier 1 Generic Drugs
Tier 2 Preferred Brand
Tier 3 Non-Preferred Drugs
Dispensing Limits

Mail Order Pharmacy Available for maintenance drugs

Tier 1 Generic Drugs
Tier 2 Preferred Brand Drugs
Tier 3 Non-Preferred Drugs
Dispensing Limits

Drug Coverage

ACA Preventive Drugs ¹
Compound Medications
Contraceptives
Diabetic Supplies (i.e., test strips)
Glucometers (no copayment/coinsurance required at participating pharmacies)
Insulin
Insulin Needles and Syringes
Lancets (no copayment/coinsurance required at participating pharmacies)
Prescribed Tobacco Cessation Drugs (RX and OTC)
Retin-A (up to Age 35)
Allergy Serum
Biologicals, Investigational/Experimental Drugs
Blood, Blood Plasma
Drugs used for Cosmetic Purposes
Immunization Agents
Injectable Fertility Drugs
Non-Federal Legend Drugs
Over-The-Counter Drugs (Non-Prescription)

Your Costs (You pay)

In-Network

\$0/\$0
Combined with Medical Select

In-Network

\$15
\$35
\$50
30 day supply max

In-Network

\$30
\$70
\$100
90 day supply max

In-Network

Covered
Covered
Covered
Covered
Covered
Covered
Covered
Covered
Covered
Covered
Not covered
Not covered
Not covered
Not covered
Not covered
Not covered
Not covered
Not covered
Not covered
Not covered

Out-of-Network

\$0/\$0
Combined with Medical

Out-of-Network

30% Reimbursement
30% Reimbursement
30% Reimbursement
30 day supply max

Out-of-Network

Not covered
Not covered
Not covered
Not covered

Out-of-Network

Covered
Covered
Covered
Covered
Covered
Covered
Covered
Covered
Covered
Covered
Not covered
Not covered
Not covered
Not covered
Not covered
Not covered
Not covered
Not covered
Not covered
Not covered

Weight Control Drugs	Not covered	Not covered
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¹ Certain designated preventative medications will not be subject to any cost-sharing or deductibles, but will be subject to the terms and conditions of your benefits contract. Refer to your summary of benefits, member handbook, and/or benefit booklet to determine if your plan includes 100 percent coverage for in-network preventive services.

This summary represents only a partial listing of benefits and exclusions of the Prescription Drug Program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by pharmacy policy. As a result, this program may not cover all of your health care expenses. Read your contract/member benefit booklet carefully for a complete listing of terms, limitations, and exclusions of the program. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.ibx.com/LGBooklet or call **1-800-ASK-BLUE** (TTY: 711).

Any prescription refilled in excess of the number of refills specified by the physician, or any refill dispensed after one year from the physician's original order are not covered. Devices or supplies except those specifically listed under covered drugs are not covered. Drugs used to treat hemophilia are not covered.

All covered self-administered specialty medications except insulin will be provided through the convenient Specialty Pharmacy Program for the appropriate cost sharing indicated above. Benefits are available for up to a thirty (30) days supply.

FutureScripts® network includes more than 65,000 retail pharmacies. You can locate a participating pharmacy near you on www.ibx.com by selecting the Find a Participating Pharmacy feature. FutureScripts® is an independent company providing pharmacy benefit management service.

Benefits underwritten or administered by Keystone Health Plan East, a subsidiary of Independence Blue Cross - Independent licensees of the Blue Cross and Blue Shield Association. www.ibx.com

Language Assistance Services

Spanish: ATENCIÓN: Si habla español, cuenta con servicios de asistencia en idiomas disponibles de forma gratuita para usted. Llame al 1-800-275-2583 (TTY: 711).

Chinese: 注意: 如果您讲中文, 您可以得到免费的语言协助服务。致电 1-800-275-2583。

Korean: 안내사항: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-275-2583 번으로 전화하십시오.

Portuguese: ATENÇÃO: se você fala português, encontram-se disponíveis serviços gratuitos de assistência ao idioma. Ligue para 1-800-275-2583.

Gujarati: સૂચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. 1-800-275-2583 કોલ કરો.

Vietnamese: LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi sẽ cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Hãy gọi 1-800-275-2583.

Russian: ВНИМАНИЕ: Если вы говорите по-русски, то можете бесплатно воспользоваться услугами перевода. Тел.: 1-800-275-2583.

Polish: UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-275-2583.

Italian: ATTENZIONE: Se lei parla italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-275-2583.

Arabic: ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية متاحة لك بالمجان. اتصل برقم 1-800-275-2583.

French Creole: ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-275-2583.

Tagalog: PAUNAWA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga serbisyo na tulong sa wika nang walang bayad. Tumawag sa 1-800-275-2583.

French: ATTENTION: Si vous parlez français, des services d'aide linguistique-vous sont proposés gratuitement. Appelez le 1-800-275-2583.

Pennsylvania Dutch: BASS UFF: Wann du Pennsylvania Deitsch schwetzsch, kannscht du Hilf griege in dei eegni Schprooch unni as es dich ennich eppes koschte zellt. Ruf die Nummer 1-800-275-2583.

Hindi: ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। कॉल करें 1-800-275-2583।

German: ACHTUNG: Wenn Sie Deutsch sprechen, können Sie kostenlos sprachliche Unterstützung anfordern. Wählen Sie 1-800-275-2583.

Japanese: 備考: 母国語が日本語の方は、言語アシスタンスサービス (無料) をご利用いただけます。1-800-275-2583へお電話ください。

Persian (Farsi):

توجه: اگر فارسی صحبت می کنید، خدمات ترجمه به صورت رایگان برای شما فراهم می باشد. با شماره 1-800-275-2583 تماس بگیرید.

Navajo: Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh. Hódííłnih koji' 1-800-275-2583.

Urdu:

توجه درکار ہے: اگر آپ اردو زبان بولتے ہیں، تو آپ کے لئے مفت میں زبان معاون خدمات دستیاب ہیں۔ کال کریں 1-800-275-2583.

Mon-Khmer, Cambodian: សូមមេត្តាចាប់អារម្មណ៍៖ ប្រសិនបើអ្នកនិយាយភាសាមន-ខ្មែរ ឬភាសាខ្មែរ នោះ ជំនួយផ្នែកភាសានឹងមានផ្តល់ជូនដល់លោកអ្នកដោយឥតគិតថ្លៃ។ ទូរសព្ទទៅលេខ 1-800-275-2583។

Discrimination is Against the Law

This Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. This Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

This Plan provides:

- Free aids and services to people with disabilities to communicate effectively with us, such as: qualified sign language interpreters, and written information in other formats (large print, audio, accessible electronic formats, other formats).
- Free language services to people whose primary language is not English, such as: qualified interpreters and information written in other languages.

If you need these services, contact our Civil Rights Coordinator. If you believe that This Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator. You can file a grievance in the following ways: In person or by mail: ATTN: Civil Rights Coordinator, 1901 Market Street, Philadelphia, PA 19103, By phone: 1-888-377-3933 (TTY: 711) By fax: 215-761-0245, By email: civilrightscordinator@1901market.com. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.