FOOD AND PLANT-BASED ITEMS

**FOOD and DIRTY PAPER**

- Meat and oil OK. No glossy or waxy paper.
- Fruits and vegetables
- Baked goods
- Sandwiches (meat OK)
- Pizza (meat OK)
- Paper sugar packets
- Tea bags (no staple)
- Paper tea wrappers
- Coffee filters (grounds OK) and muffin cups
- Paper napkins and towels (no chemicals/cleaners)
- Shredded paper
- Paper bags
- Hot cups and lids
- Cold cups and lids
- Coffee sleeves
- Paper takeout containers
- Paper straws
- Wood coffee stirrers
- Chopsticks

Questions? Email zerowaste@swarthmore.edu