Coming to campus during a pandemic is challenging and you may have many questions. Here are some common questions asked during the Fall Semester. Please take note, information regarding COVID-19 infections and management are still developing and can change rapidly.

“Can I get tested more frequently just to make sure I don’t have it?”
- Testing regimens and recommendations here at Swarthmore are based on several nationally regarded guidelines including the CDC, ACHA, JHU to name a few, as well as well respected peer-reviewed evidence.
- Not black and white and interpretation is necessary
- Global resource strain and being conscientious about utilization
- Testing is a snapshot of what is going on the moment you take that test. The best protection is your behavior like wearing a mask, physically distancing 6 feet from people, washing your hands frequently, avoiding crowded places.

Can I leave my isolation/quarantine room for just a little bit?
- We appreciate how hard it is to stay in one place. Currently it is not logistically possible to allow outdoor access while minimizing the risk to the community. Alternative methods of coping (visualization, sitting by a window, meditation, in room exercises) are strongly encouraged. Counseling services are available to all students while in Q&I housing.

What do I do if I get a positive test result in the middle of the night?
- Please see the document located on the Worth Health Center webpage “So you received a positive test result. Now what.”

Who do I call if I have a question about COVID-19 symptoms or a possible exposure to someone infected?
- The symptoms tracker you complete daily is one way to communicate with the medical staff your concerns. These are checked several times a day.
- You are welcome and encouraged to call the Health Center when it is open.
- If you have concerns during a time when the Health Center is not open, please see the COVID-19 and Health Resources and Phone Numbers

Can I get an antibody test?
- Antibody test is used to see if past infection. Utility of this test is limited. It is still unknown if a positive antibody test will confer immunity and for how long. If you have further questions regarding antibody tests, please discuss with one of our providers at an appointment. Here is some information about antibody tests (FDA testing information)

Can I get a rapid antigen test?
- Rapid antigen tests are indicated to detect an active COVID-19 infection similar to PCR tests. Use of rapid antigen testing vs PCR testing will depend on the clinical situation, availability and at the discretion of Worth Health Center providers. Here is some information regarding antigen tests (FDA testing information)

Can I get the COVID-19 vaccine?
- Distribution of the vaccine to Swarthmore will be at the discretion of the state. There is planning taking place here at Swarthmore to be ready for distribution. Stay tuned. You can stay up to date yourself by going to the Chester County Department of Health for more information.

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1 *All policies and procedures are subject to change based on the current availability of resources, evidence and guidelines for the management of COVID-19.*