

Sophomore Plan Part 2:

(submit this with your sophomore plan)

While your Sophomore Plan is a moment when you make academic choices fueled by chocolates and chai, it is also a moment when you should take the time to make other life choices. For many of you those choices will be:

- personal
- social
- career
- co-curricular
- well-being
- spiritual

Fortunately, Swarthmore College offers a broad range of venues, resources, and people who can help you to meet these “other” goals. It might be time to start something new, or time to address a vexing habit or issue. It might be time to make new friends or commit to current relationships. Please take a moment to be in the *present*, to reflect upon your *past* and *future*, and answer the following two questions.

- I. Identify a non-academic goal that you would like to address during your last two years at Swarthmore College. List three steps you “think” you need to take to accomplish that goal.

Goal:

Steps:

- II. Identify a campus resource or informal mentor who you will meet with to discuss this plan.
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