

## Sophomore Planning Worksheet for Psychology Honors Major

*This worksheet is for your benefit and should be shared with your advisor for feedback. You do not need to upload the worksheets to the portal. Instead you should follow the instructions on your major/minor portal to manually input the classes you plan to take. Additional instructions can be found [here](#). You are not locked into the plan you propose here and online.*

Name: \_\_\_\_\_ Class year: \_\_\_\_\_

### Acceptance Criteria.

- ☐ Completed at least 2 credits in Psychology
- ☐ Be in good standing at the College
- ☐ Have a B+ or higher averages in Psychology and Overall
- ☐ AP/IB placement can count as 1 course. Note that AP/IB does not receive Swarthmore course credit

*If you don't meet the criteria yet, you still need to submit a sophomore plan. Your plan for a psychology program may be deferred but we will re-review your application and approve it once the acceptance criteria are met. Please note that acceptance into your desired program is entirely dependent upon the submission of a completed and departmentally compliant sophomore plan.*

### Major Requirements.

Please check our tentative course offerings at <http://www.swarthmore.edu/psychology/courses> to make sure which semester the courses you need are offered. For more details about Psychology Course Major program, please visit: <https://www.swarthmore.edu/psychology/honors-program-psychology>

- ☐ PSYC 001. Introduction to Psychology (AP 5 in Psychology, IB 6 or 7 in Psychology)
- ☐ PSYC 025 Research Design and Analysis and STAT 011 Statistical Methods (or equivalent, e.g, ECON 031, AP Stat) At least 4 Core Courses (those with numbers in 30s)
- ☐ 2 Seminars (those with numbers in 130s) that follow up on core courses
- ☐ 2-credit thesis (PSYC 180)
- ☐ 8 total credits in Psychology (not including AP/IB or STAT 011)

Requirements	Courses	Semester taken/planning to take	Grade Received (if already taken)	Credits Towards the PSYC Major
PSYC 001				
STAT 011 (pre or coreq to psych 025)				
PSYC 025				
4 Core Courses	1. 2. 3. 4.			
Other PSYC Courses				

<b>Seminars (must follow up on core courses)</b>	1. 2.			
<b>2-Credit Honors Senior Thesis (mandatory)</b>	1.			
	2.			
<b>Total Number of Psychology Credits (minimum required = 8)</b>				

### Final Checklist for Psychology Honors Major Proposal

- ☐ My plan includes at least 8 credits in Psychology (not including AP/IB or STAT 011).
- ☐ My plan includes no more than 12 credits in Psychology (not including AP/IB or STAT 011).
- ☐ My program includes at least 4 core courses (those numbered in the 30s).
- ☐ My program includes PSYC 025 (Research Design & Analysis) and STAT 011 (or an equivalent course).
- ☐ My plan includes 2 honors seminars that normally follow up on an associated core.
- ☐ I have checked to make sure which semester the courses I need are offered.
- ☐ I have plans to complete distribution requirements, writing requirements, and PE.

### Visual plan for courses to complete the Psychology Honors Major.

This information is already indicated in your course listing above, but a presentation in this format will make readily evident what you are planning to take each semester. You can also indicate alternative courses that you may be considering.

#### Fall 2026

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
- Alt. \_\_\_\_\_
- Alt. \_\_\_\_\_

#### Spring 2027

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Alt. \_\_\_\_\_

Alt. \_\_\_\_\_

**Fall 2027**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Alt. \_\_\_\_\_

Alt. \_\_\_\_\_

**Spring 2028**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Alt. \_\_\_\_\_

Alt. \_\_\_\_\_