

Sophomore Planning Worksheet for Psychology Course Major

This worksheet is for your benefit and should be shared with your advisor for feedback. You do not need to upload the worksheets to the portal. Instead you should follow the instructions on your major/minor portal to manually input the classes you plan to take. Additional instructions can be found [here](#). You are not locked into the plan you propose here and online.

Name: _____ Class year: _____

Acceptance Criteria.

- ☐ Completed at least 2 credits in Psychology
- ☐ Be in good standing at the College
- ☐ AP/IB placement can count as 1 course. Note that AP/IB does not receive Swarthmore course credit

If you don't meet the criteria yet, you still need to submit a sophomore plan. Your plan for a psychology program may be deferred but we will re-review your application and approve it once the acceptance criteria are met. Please note that acceptance into your desired program is entirely dependent upon the submission of a completed and departmentally compliant sophomore plan.

Major Requirements.

Please check our tentative course offerings at <http://www.swarthmore.edu/psychology/courses> to make sure which semester the courses you need are offered. For more details about Psychology Course Major program, please visit: <http://swarthmore.edu/psychology/majors-minors>

- ☐ PSYC 001. Introduction to Psychology (or equivalent: AP 5 in Psychology, IB 6 or 7 in Psychology)
- ☐ PSYC 025 Research Design and Analysis
- ☐ STAT 011 Statistical Methods (or equivalent, e.g., ECON 031) taken before or concurrently with PSYC 025 At least 4 Core Courses (those with numbers in the 30s)
- ☐ Comprehensive requirement plan (must be completed in your senior year).
Options include: Research Practicum courses (those with numbers 101-115), Senior Thesis, Senior clinical field placement, and (rarely) a Senior Research Project. For the purposes of sophomore planning, do not count on being able to complete a Senior Research Project (PSYC 98)
- ☐ 8 total credits in Psychology (not including AP/IB or STAT 011)

Requirements	Courses	Semester taken/planning to take	Credits Towards the PSYC Major
PSYC 001			
STAT 011 (pre or coreq to psych 025)			
PSYC 025			
4 Core Courses in PSYC	1.		
	2.		
	3.		
	4.		

Other PSYC Courses			
Comprehensive Requirement			
Total Number of Psychology Credits (minimum required = 8)			

Final Checklist for Psychology Course Major Proposal

- ☐ ***I have checked to make sure which semester the courses I need are offered.***
- ☐ My plan includes at least 8 credits in Psychology (not including AP/IB or STAT 011).
- ☐ My plan includes no more than 12 credits in Psychology (not including AP/IB or STAT 011). My program includes at least 4 core courses (those numbered in the 30s).
- ☐ My program includes PSYC 025 (Research Design & Analysis) and STAT 011 (or an equivalent course).
- ☐ My plan includes a course or project (other than PSYC 98) that will fulfill the senior comprehensive requirement.
- ☐ I have plans to complete distribution requirements, writing requirements, and PE.

Visual plan for courses to complete the Psychology Course Major.

This information is already indicated in your course listing above, but a presentation in this format will make readily evident what you are planning to take each semester. You can also indicate alternative courses that you may be considering.

Fall 2026

1. _____

2. _____

3. _____

4. _____

Alt. _____

Alt. _____

Spring 2027

1. _____

2. _____

3. _____

4. _____

Alt. _____

Alt. _____

Fall 2027

1. _____

2. _____

3. _____

4. _____

Alt. _____

Alt. _____

Spring 2028

1. _____

2. _____

3. _____

4. _____

Alt. _____

Alt. _____