

# Medical Benefit Highlights

## Personal Choice BASIC HDHP

Covered Services	Your Costs (You pay)	
	In-Network	Out-of-Network
<b>Benefits per Contract Year</b>		
Deductible (Embedded) <sup>1</sup> Individual/Family		\$3,400/\$6,800
Out-of-Pocket Maximum (Embedded) <sup>2</sup> Individual/Family		\$5,600/\$11,200
Coinsurance	10%	20%
<b>Preventive Services</b>	<b>In-Network</b>	<b>Out-of-Network</b>
Preventive Care	No charge no deductible	20% no deductible
Preventive Colonoscopy		
Preventive Plus Providers	No charge no deductible	Not covered
Hospital Based	No charge no deductible	20% no deductible
Nutritional Counseling	No charge no deductible	20% after deductible
<b>Physician Services</b>	<b>In-Network</b>	<b>Out-of-Network</b>
Primary Care Physician (PCP)		
Office Visit	10% after deductible	20% after deductible
Telemedicine Visit	10% after deductible	20% after deductible
Specialist		
Office Visit	10% after deductible	20% after deductible
Telemedicine Visit	10% after deductible	20% after deductible
Retail Health Clinic Visit	10% after deductible	20% after deductible
Urgent Care Visit	10% after deductible	20% after deductible
<b>Virtual Care<sup>3</sup> (Through Teladoc)</b>	<b>In-Network</b>	<b>Out-of-Network</b>
Telemedicine	10% after deductible	Not covered
Teledermatology	10% after deductible	Not covered
Telebehavioral Health	10% after deductible	Not covered
<b>Therapy Services</b>	<b>In-Network</b>	<b>Out-of-Network</b>
Physical Therapy (60 visits/year) <sup>4</sup>		
Freestanding	10% after deductible	20% after deductible
Hospital Based	10% after deductible	20% after deductible
Occupational Therapy (60 visits/year) <sup>4</sup>		
Freestanding	10% after deductible	20% after deductible
Hospital Based	10% after deductible	20% after deductible
Speech Therapy (60 visits/year) <sup>5</sup>	10% after deductible	20% after deductible
<b>Emergency Services</b>	<b>In-Network</b>	<b>Out-of-Network</b>
Emergency Room	10% after deductible	Covered at In-Network level
Emergency Ambulance	10% after deductible	Covered at In-Network level
Non-Emergency Ambulance	10% after deductible	20% after deductible
<b>Hospital Services</b>	<b>In-Network</b>	<b>Out-of-Network</b>
Inpatient Hospital Services (In-Network: 365 days/year; Out-of-Network: 70 days/year) <sup>6</sup>	10% after deductible	20% after deductible

Observation Services	10% after deductible	20% after deductible
Maternity Hospital Services <sup>6</sup>	10% after deductible	20% after deductible
Inpatient Professional Services (includes Maternity)	10% after deductible	20% after deductible
<b>Outpatient Surgery</b>	<b>In-Network</b>	<b>Out-of-Network</b>
Freestanding	10% after deductible	20% after deductible
Hospital Based	10% after deductible	20% after deductible
Outpatient Professional Services	10% after deductible	20% after deductible
<b>Outpatient Diagnostics</b>	<b>In-Network</b>	<b>Out-of-Network</b>
Diagnostic Medical (EKG)	10% after deductible	20% after deductible
Routine Radiology (X-Ray)		
Freestanding	10% after deductible	20% after deductible
Hospital Based	10% after deductible	20% after deductible
Advanced Imaging (MRI/MRA,CT/CTA Scan, PET Scan)		
Freestanding	10% after deductible	20% after deductible
Hospital Based	10% after deductible	20% after deductible
<b>Outpatient Lab and Pathology</b>	<b>In-Network</b>	<b>Out-of-Network</b>
Freestanding	10% after deductible	20% after deductible
Hospital Based	10% after deductible	20% after deductible
<b>Other Medical Services</b>	<b>In-Network</b>	<b>Out-of-Network</b>
Spinal Manipulations (20 visits/year) <sup>5</sup>	10% after deductible	20% after deductible
Acupuncture (18 visits/year) <sup>5</sup>	10% after deductible	20% after deductible
Standard Injectables	10% after deductible	20% after deductible
Allergy Injections	10% after deductible	20% after deductible
Biotech/Specialty Injectables		
Home/Office	10% after deductible	20% after deductible
Outpatient	10% after deductible	20% after deductible
Chemotherapy	10% after deductible	20% after deductible
Dialysis	10% after deductible	20% after deductible
Skilled Nursing Facility (180 days/year) <sup>5</sup>	10% after deductible	20% after deductible
Home Health	10% after deductible	20% after deductible
Hospice	10% after deductible	20% after deductible
Durable Medical Equipment (DME)	10% after deductible	20% after deductible
Mental Health – Outpatient (includes serious mental illness and substance abuse)		
Office Visit	10% after deductible	20% after deductible
All Other Services	10% after deductible	20% after deductible
Mental Health – Inpatient (includes serious mental illness and substance abuse) <sup>6</sup>	10% after deductible	20% after deductible

- 1 Embedded deductible: Each covered family member only needs to satisfy his or her individual deductible, not the entire family deductible, prior to receiving plan benefits.
- 2 Embedded out-of-pocket maximum: Each covered family member only needs to satisfy his or her individual out-of-pocket maximum, not the entire family out-of-pocket maximum.
- 3 Telemedicine is provided by a designated telemedicine provider, please visit [www.ibx.com/findcarenow](http://www.ibx.com/findcarenow).

- 4 Physical Therapy and Occupational Therapy combined visit limit in and out-of-network.
  - 5 Combined in and out-of-network.
  - 6 Inpatient hospital out-of-network day limit combined for all inpatient medical, maternity, mental health, serious mental illness, and substance abuse services.
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The Personal Choice® Preferred Provider Organization (PPO) gives you freedom of choice by allowing you to select your own doctors and hospitals. You maximize your coverage by accessing care through Personal Choice's network of hospitals, doctors, and specialists, or by accessing care through preferred providers who participate in the BlueCard® PPO program. If you access care from a provider who does not participate in our network, you will have higher out-of-pocket costs and may have to submit your claim for reimbursement.

This summary represents only a partial listing of benefits and exclusions of the Medical Program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by medical policy. As a result, this managed care plan may not cover all of your health care expenses. Read your contract/member benefit booklet carefully for a complete listing of terms, limitations, and exclusions of the program. For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.ibx.com/LGBooklet](http://www.ibx.com/LGBooklet) or call 1-800-ASK-BLUE (TTY: 711).

Benefits may be changed by Independence Blue Cross to comply with applicable federal/state laws and regulations.

Certain services require preapproval/precertification by the health plan prior to being performed. To obtain a list of services that require authorization, please log on to <http://www.ibx.com/preapproval> or call the phone number that is listed on the back of your identification card.

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## Language Assistance Services

**Spanish:** ATENCIÓN: Si habla español, cuenta con servicios de asistencia en idiomas disponibles de forma gratuita para usted. Llame al 1-800-275-2583 (TTY: 711).

**Chinese:** 注意: 如果您讲中文, 您可以得到免费的语言协助服务。致电 1-800-275-2583。

**Korean:** 안내사항: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-275-2583 번으로 전화하십시오.

**Portuguese:** ATENÇÃO: se você fala português, encontram-se disponíveis serviços gratuitos de assistência ao idioma. Ligue para 1-800-275-2583.

**Gujarati:** સૂચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. 1-800-275-2583 કોલ કરો.

**Vietnamese:** LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi sẽ cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Hãy gọi 1-800-275-2583.

**Russian:** ВНИМАНИЕ: Если вы говорите по-русски, то можете бесплатно воспользоваться услугами перевода. Тел.: 1-800-275-2583.

**Polish:** UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-275-2583.

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**Telugu:** శ్రద్ధ పెట్టండి: ఒకవేళ మీరు తెలుగు భాష మాట్లాడుతున్నట్లైతే, మీ కొరకు తెలుగు భాషాసహాయక సేవలు ఉచితంగా లభిస్తాయి. 1-800-275-2583 (TTY: 711) కు కాల్ చేయండి.

**Tagalog:** PAUNAWA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga serbisyo na tulong sa wika nang walang bayad. Tumawag sa 1-800-275-2583.

**French:** ATTENTION: Si vous parlez français, des services d'aide linguistique-vous sont proposés gratuitement. Appelez le 1-800-275-2583.

**Pennsylvania Dutch:** BASS UFF: Wann du Pennsylvania Deitsch schwetzscht, kannscht du Hilf grieg in dei eegni Schprooch unni as es dich ennich eppes koschte zellt. Ruf die Nummer 1-800-275-2583.

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**German:** ACHTUNG: Wenn Sie Deutsch sprechen, können Sie kostenlos sprachliche Unterstützung anfordern. Wählen Sie 1-800-275-2583.

**Japanese:** 備考: 母国語が日本語の方は、言語アシスタンスサービス（無料）をご利用いただけます。1-800-275-2583へお電話ください。

### Persian (Farsi):

توجه: اگر فارسی صحبت می کنید، خدمات ترجمه به صورت رایگان برای شما فراهم می باشد. با شماره 1-800-275-2583 تماس بگیرید.

**Navajo:** Díí baa akó nínízin: Díí saad bee yánílti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh. Hódíílnih kojì' 1-800-275-2583.

### Urdu:

توجہ درکار ہے: اگر آپ اردو زبان بولتے ہیں، تو آپ کے لئے مفت میں زبان معاون خدمات دستیاب ہیں۔ کال کریں 1-800-275-2583.

### Mon-Khmer, Cambodian:

សូមមេត្តាចាប់អារម្មណ៍៖ ប្រសិនបើអ្នកនិយាយភាសាមន-ខ្មែរ ឬភាសាខ្មែរ នោះ ជំនួយផ្នែកភាសានឹងមានផ្តល់ជូនដល់លោកអ្នកដោយឥតគិតថ្លៃ។ ទូរសព្ទទៅលេខ 1-800-275-2583។

## Discrimination is Against the Law

This plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. This plan does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

This plan:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
  - Qualified interpreters
  - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact our Civil Rights Coordinator.

If you believe that this Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: our Civil Rights Coordinator, in person or by mail: 1901 Market Street, Philadelphia, PA 19103, by phone: 1-888-377-3933 (TTY: 711), by fax: 215-761-0245, or by email: [civilrightscordinator@1901market.com](mailto:civilrightscordinator@1901market.com).

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at  
<http://www.hhs.gov/ocr/office/file/index.html>.

This notice is available at the following website:  
[www.healthinsurancehosting.com/notices](http://www.healthinsurancehosting.com/notices).

# Drug Benefit Highlights

## Basic HDHP Rx Swarthmore College

Covered Services		Your Costs (You pay)	
Benefits per Contract Year		In-Network	Out-of-Network
Deductible		Medical deductible applies.	Medical deductible applies.
Out-of-Pocket Maximum		Combined with Medical	Combined with Medical
Formulary		Select	
Retail Pharmacy (per 30 day supply)		In-Network	Out-of-Network
Tier 1 Generic Drugs		\$10 after deductible	50% Reimbursement after deductible
Tier 2 Preferred Brand Drugs		\$25 after deductible	50% Reimbursement after deductible
Tier 3 Non-Preferred Drugs		\$45 after deductible	50% Reimbursement after deductible
Dispensing Limits <sup>1</sup>		30 day supply max	30 day supply max
Mail Order Pharmacy Available for maintenance drugs		In-Network	Out-of-Network
Tier 1 Generic Drugs		\$20 after deductible	Not covered
Tier 2 Preferred Brand Drugs		\$50 after deductible	Not covered
Tier 3 Non-Preferred Drugs		\$90 after deductible	Not covered
Dispensing Limits <sup>1</sup>		90 day supply max	Not covered
Drug Coverage		In-Network	Out-of-Network
ACA Preventive Drugs <sup>2</sup>		Covered	Covered
Compound Medications		Covered	Covered
Contraceptives		Covered	Covered
Diabetic Supplies (i.e., test strips)		Covered	Covered
Glucometers (no copayment/coinsurance required at participating pharmacies after deductible)		Covered	Covered
Injectable Fertility Drugs		Covered	Covered
Insulin		Covered	Covered
Insulin Needles and Syringes		Covered	Covered
Lancets (no copayment/coinsurance required at participating pharmacies after deductible)		Covered	Covered
Prescribed Tobacco Cessation Drugs (RX and OTC)		Covered	Covered
Allergy Serum		Not covered	Not covered
Blood, Blood Plasma		Not covered	Not covered
Drugs used for Cosmetic Purposes		Not covered	Not covered
Investigational/Experimental Drugs		Not covered	Not covered
Non-Federal Legend Drugs		Not covered	Not covered
Over-The-Counter Drugs (Non-Prescription)		Not covered	Not covered
Weight Control Drugs		Not covered	Not covered

<sup>1</sup> 90-day supply of maintenance drugs available at retail.

<sup>2</sup> Certain designated preventative medications will not be subject to any cost-sharing or deductibles, but will be subject to the terms and conditions of your benefits contract. Refer to your summary of benefits, member handbook, and/or benefit booklet to determine if your plan includes 100 percent coverage for in-network preventative services.

<sup>3</sup> Mail order cost-sharing for 1-30 day supplies are equal to the in-network retail cost-sharing.



This summary represents only a partial listing of benefits and exclusions of the Prescription Drug Program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by pharmacy policy. As a result, this program may not cover all of your health care expenses. Read your contract/member benefit booklet carefully for a complete listing of terms, limitations, and exclusions of the program. For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.ibx.com/LGBooklet](http://www.ibx.com/LGBooklet) or call **1-800-ASK-BLUE** (TTY: 711).

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Your program includes the HDHP Preventive Enhancement benefit for a defined list of drugs. For the drugs on the preventive drug list, the deductible does not apply and you are only responsible for paying the copayment or coinsurance.

Any prescription refilled in excess of the number of refills specified by the physician, or any refill dispensed after one year from the physician's original order are not covered. Devices or supplies except those specifically listed under covered drugs are not covered.

All covered self-administered specialty medications will be provided through the convenient Specialty Pharmacy Program for the appropriate cost sharing indicated above. Benefits are available for up to a thirty (30) days supply.

The pharmacy network includes more than 65,000 retail pharmacies. You can locate a participating pharmacy near you on [www.ibx.com](http://www.ibx.com) by selecting the Find a Participating Pharmacy feature.

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ប្រសិនបើអ្នកនិយាយភាសាមន-ខ្មែរ ឬភាសាខ្មែរ នោះ៖

ជំនួយផ្នែកភាសានឹងមានផ្តល់ជូនដល់លោកអ្នកដោយឥត

គិតថ្លៃ។ ទូរស័ព្ទទៅលេខ 1-800-275-2583។



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  - Qualified interpreters
  - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact our Civil Rights Coordinator.

If you believe that this Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: our Civil Rights Coordinator, in person or by mail: 1901 Market Street, Philadelphia, PA 19103, by phone: 1-888-377-3933 (TTY: 711), by fax: 215-761-0245, or by email: [civilrightscordinator@1901market.com](mailto:civilrightscordinator@1901market.com).

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at  
<http://www.hhs.gov/ocr/office/file/index.html>.

This notice is available at the following website:  
[www.healthinsurancehosting.com/notices](http://www.healthinsurancehosting.com/notices).