

# 2024 dental wellness calendar

Delta Dental's [wellness resources](#) let you offer relevant content all year round.



## January

- Glaucoma Awareness Month
- New Year, New You

## February

- American Heart Month
- Children's Dental Health Month
- Gum Disease Awareness Month
- National Pet Dental Health Month
- Valentine's Day **(2/14)**
- National Eating Disorders Week **(2/26-3/1)**
- Tooth Fairy Day **(2/28)**

## March

- Autoimmune Disease Awareness Month
- National Nutrition Month
- First Day of Spring **(3/19)**
- World Oral Health Day **(3/20)**
- National Drug & Alcohol Facts Week **(3/18-3/24)**

## April

- National Anxiety Month/Stress Awareness Month
- National Facial Protection Month
- Oral, Head & Neck Cancer Awareness Month
- National Dental Hygienists Week **(4/8-4/12)**
- Earth Day **(4/22)**
- National Prosthodontics Awareness Week **(4/23-4/29)**

## May

- Mental Health Awareness Month
- National Asthma & Allergy Awareness Month
- National Osteoporosis Awareness & Prevention Month
- National Physical Fitness & Sports Month
- Save Your Tooth Month (formerly Root Canal Awareness Week)
- Women's Health Month
- Drinking Water Week **(5/5-5/11)**
- North American Occupational Safety & Health Week **(5/4-5/10)**
- National Piercing Day **(5/16)**
- National Smile Month **(5/15-6/15)**

## June

- Alzheimer's & Brain Awareness Month
- Employee Wellness Month
- Men's Health Month
- National Migraine and Headache Awareness Month

## July

- National Cleft & Craniofacial Awareness & Prevention Month
- Independence Day **(7/4)**

## August

- Back to School
- Dental Implant Month
- National Fresh Breath Day **(8/6)**
- Tooth Fairy Day **(8/22)**

## September

- Dental Infection Control Awareness Month
- Healthy Aging Month
- National Recovery Month
- Family Health and Fitness Day **(9/28)**

## October

- Breast Cancer Awareness Month
- Cold & Flu Awareness Month
- National Dental Hygiene Month
- National Orthodontic Health Month
- Halloween **(10/31)**

## November

- American Diabetes Month
- National COPD Awareness Month
- National Brush Day **(11/1)**
- Great American Smokeout **(11/21)**
- Thanksgiving **(11/28)**
- National Flossing Day **(11/29)**

## December

- Healthy Holidays
- World AIDS Day **(12/1)**