TELEHEALTH

Each medical plan option includes coverage for Telehealth. Telehealth services are virtual visits conducted via secure video or mobile app with a board-certified physician from Independence Blue Cross’ MDLIVE network. Telehealth allows you and your eligible family members to address your medical concerns from the convenience of your home or office. MDLIVE’s Telehealth providers are available 24/7 to address simple medical issues (skin rash, cold/flu, pink eye, nausea, etc.); prescriptions can be written as needed.

» Activate your account now with MDLIVE (visit MDLIVE.com/ibx, or call 877-764-6605), so you are ready to go when the need arises for your first Telehealth visit.
» For employees in the HDHP or Basic HDHP, the 2023 cost of MDLive Telehealth services is as follows:
  » General Medicine: $64
  » Dermatology: $94
  » Behavioral Health: Up to $250
» HDHP and Basic HDHP participants will pay the full cost of service until their deductible has been satisfied for the year.

PREVENTIVE CARE

No matter which Swarthmore College medical plan you choose, one thing is consistent with each plan option: preventive care is covered at 100%. What services are considered preventive care?

» Annual physical exam – keeping up with your annual preventive exams is an important way to stay healthy
» Flu shot – Swarthmore’s medical plans cover annual seasonal flu shots at 100% if you visit an in-network provider
» Colorectal cancer screening for members age 45 and older:
  • Fecal occult blood testing – annually
  • Colonoscopy – every 10 years
» Well woman services
  • Pelvic and breast examination - annually
  • Mammogram – annually starting at age 40
  • PAP test – annually starting at age 21

This list is not all-inclusive; well child exams, routine immunizations, etc. also fall under the Preventive Care benefit.