**Academic Advising Worksheet**

**Complete this worksheet to the best of your ability before your individual meeting with your advisor this week.**

|  |  |
| --- | --- |
| Name | Class year |
| Cell Phone | Swarthmore Email  |
| Academic majors of interest to you: |

|  |
| --- |
| AP credits & grades, if any: |
|  |
|  |
|  |
|  |

Requirements: Done? Interested in?:

Language requirement ⬜ Off-campus study ⬜

Swim test ⬜ Pre-med ⬜

 Honors ⬜

The full list of degree requirements is available in section 9.1 of the College Bulletin.

**Distribution Requirement** – For graduation: At least three courses of one credit each in each of the 3 divisions, two of which are in different departments and two of which are taken at Swarthmore. Only one AP credit per division may count toward this requirement, though it may count as having been taken in the second department.

*Most students take 4 courses per semester, but it is useful to identify alternative potential courses when planning for your course registration. Using the online Tri-College course guide, please identify at least 6 potential courses for Fall semester:*

|  |  |  |  |
| --- | --- | --- | --- |
| Division 🡪  |  Natural Sciences & Engineering | Social Sciences | Humanities |
| Course/Dept. #1 |  |  |  |
| Course/Dept. #2 |  |  |  |
| Course #3 |  |  |  |

**Science Lab requirement (NSEP)** – For graduation: At least 1 NSEP course. This can be the same as a course that meets a Distribution requirement. *Identify one potential NSEP course for Fall semester:*

|  |  |
| --- | --- |
| NSE Practicum Course/Dept. |  |

**Writing Requirement** – For graduation: 3 W courses or seminars, taken in at least 2 divisions.May be the same courses that meet the Distribution Requirement. *Identify at least 1 potential Writing course for Fall semester:*

|  |  |  |  |
| --- | --- | --- | --- |
| Division 🡪 |  Natural Sciences & Engineering | Social Sciences | Humanities |
| W #1 |  |  |  |
| W #2 |  |  |  |
| W #3 |  |  |  |

**PE Requirement** – For graduation: 4 units of PE or PE Dance. *Identify at least 2 potential PE units for Fall semester:*

|  |  |  |
| --- | --- | --- |
| PE |  |  |