**Reading Strategies for Textbooks - “SQ3R”**

***While the techniques below may seem almost overly simple, by previewing and asking yourself questions about a text before you read it, you will find that you are able to understand the subject matter more deeply and retain what you read more effectively.***

**Survey and Pre-Read**

* Read titles, headings, and subheadings.
* Read all captions under pictures, charts, graphs or maps.
* Review questions or teacher-made study guides.
* Read introductory and concluding paragraphs.
* Read summaries

**Question**

* Turn the title, headings, and/or subheadings into questions.
* Read questions at the end of the chapters and after each subheading.
* As you read, ask yourself, "What do I already know about this subject?" When you connect new information to knowledge you already know, you will be able to make new connections and learn the material more deeply.

**Read**

* Look for answers to the questions you first raised.
* Answer questions at the beginning or end of chapters or study guides.
* Reread captions under pictures and graphs. Study graphic aids.
* Note all the underlined, italicized, bold printed words or phrases.
* Reduce your speed for difficult passages. Reread parts which are not clear.
* Read only a section at a time and recite after each section.

**Recite**

* Ask yourself questions about what you have read. Summarize it in your own words.
* Take notes from the text in your own words.
* Underline or highlight important points you have just read.
* Use the method of recitation which best suits your particular learning style.

**Review**After you have read and recited the entire chapter, write questions in the margins.

* Page through text and/or your notebook to re-acquaint yourself with key points.
* Make "flash cards" for questions that give you difficulty.
* Develop mnemonic devices for material that must be memorized.
* Alternate between your flash cards and your notes and test yourself.