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I. Twelve Traditional Verb Tenses

- 1. **Simple Present-** expresses events or situations that exist always or habitually. IT exists in the past, present, and future.
 - Ex: I eat my lunch everyday.
- 2. Simple Past- expresses an event that has begun and ended in the past.
 - Ex: Yesterday I ate lunch with Chris.
- 3. Simple Future- expresses an event that will occur sometime in the future.
 - Ex: I will eat lunch with friends tomorrow.
- 4. **Present Progressive-** expresses an action that is in progress in the present but began in the past.
 - Ex: I am eating my lunch right now.
- 5. **Past Progressive-** expresses an action that was in progress in the past and ended in the past.
 - Ex: I was eating my lunch when the fire alarm sounded.
- 6. Future Progressive- expresses an action that begins and continues in the future.
 - Ex: I will be eating my lunch when the meeting begins.
- 7. Present Perfect- expresses that one event has been completed in the present.
 - Ex: I have eaten my lunch.
- 8. Past Perfect- expresses that one event was completed in the past.
 - Ex: I had already eaten my lunch when the fire alarm sounded.
- 9. Future Perfect- expresses the completion of an event in the future.
 - I will have eaten my lunch before the meeting begins.
- 10. **Present Perfect Progressive-** expresses that an event is in progress immediately before, or up to another event in the present.
 - Ex: I have been eating my lunch for 20 minutes.
- 11. **Past Perfect Progressive-** expresses that an event was in progress in the past immediately before or up to another event in the past.
 - Ex: I had been eating my lunch for 20 minutes when the fire alarm sounded.
- 12. **Future Perfect Progressive-** expresses that an event will progress in the future immediately before or up to another event in the future.