SELF AWARENESS - Where do I start and What can I do?

- Open House: Friday, 9/2, 1-4pm, Parrish 135
  - Come in and meet the Career Services team – learn some of the ways we can help you during your time at Swarthmore.
  - Photo booth will be available for professional photo for use on your social media sites.
- Marketing Your Abroad Experience: Thursday, 9/15, 12:40-1:10pm, Parrish 159
  - Learn how to highlight your international experience when applying for jobs and internships.
- Diverse Careers for Economics Students: Friday, 9/16, 4:30-6pm, Scheuer
  - Considering majoring in economics or wondering what direction your major can take you? Econ alumni will share their paths.
- Self-Awareness Intensive **: Monday, 10/10, 10am-2pm, Parrish 159
  - Explore your values, interests and personality; then learn about ways you’ll use this self knowledge to make career decisions.

CAREER EXPLORATION - Would I like this job? Would I be good at it?

- Extern Program **: Alumni job shadowing for one week during winter break, January 9-13, 2017
  - Orientation - 10/3/10/7 1-4:30pm
  - Online Registration – T-W, 10/18-10/19 (registration closes at 4:30pm on 10/19)
- Jumpstart Your Career: Consulting & Finance **: Saturday, 9/10, 10am-5pm, Sci.Ctr. 101
  - Register for this interactive session with alumni who will help you decide if consulting or finance is right for you.
  - Join us for our Jumpstart Your Nonprofit Career session in the spring!
- Wall Street Student/Alumni Reception **: Friday, 9/23, 6-8pm, NYC
  - Network with 70+ Wall Street alumni. Bus transportation available, stop in to sign up on or before Monday, 9/19.
  - Polish your networking skills for this event at a Networking Workshop: Wednesday, 9/21, 12:30-1:10pm, Parrish 159
- Global Development Career Day: Friday, 11/4, 9am-5pm, UVa
  - For students interested in international development careers to meet with folks working in the industry.
  - General Info: [global.development@swarthmore.edu](mailto:global.development@swarthmore.edu)
- Educating Outside the Classroom: TBA
  - Learn from alumni about careers in education – outside of the traditional classroom.
- Embracing Chaotic Career Paths: TBA
  - Hear from Music and Dance alums as they discuss their career paths.

GAINTING EXPERIENCE - Trying out careers and building skills.

- Keys to Internship Success Seminar: Friday, 9/30, 12:30-1:10pm, Sci.Ctr. 101
  - Fall break is a great time to apply for internships. Learn about early deadlines, resources & making applications stand out.
- Campus Philly Online Job and Internship Fair: M-F, 10/24-10/28
  - Hundreds of jobs and internship opportunities waiting to be discovered; log on and apply at campusphilly.org/careers.
- Summer Experiences Fair: Friday, 11/4, 12-1:30pm, Scheuer
  - Drop in and learn how to find a great summer internship, research, service opportunity, etc. Learn about deadlines and funding.

LAUNCH MY CAREER PATH - Starting the search and applications.

- Engineering & Technical Career/Internship Connection (ETIC) **: Virtual Interviews for Technical Jobs & Interps
  - Application Deadline – 10/3
  - Resume Blitz – 10/3 1-4 Parrish 135
  - Virtual Interviews - 10/21
- What Your Parents Can't Teach You About Finding a Job: Wednesday, 9/14, 12:30-1:10pm, Parrish 159
  - Using LinkedIn, Twitter, etc. for your career search. Photo booth available for a professional image for all who attend.
- Philadelphia Idealist Grad Fair: Tuesday, 9/20, 5-8pm, Temple Univ
  - Advance your skills in the nonprofit and public service sectors, address grad school questions directly with a representative.
- Consulting Careers: Thursday, 9/22, 1:30pm, Parrish 159
  - Overview of Consulting with Koof Kalkstein '78, former Managing Director of BCG
- Fall Recruiting Consortium (FRC) **: Interview day for Jobs & Internships in NYC
  - Application Deadline – 9/30
  - Resume Blitz – 9/30 1-4pm
  - Mock Interps – 10/25&10/26**
- Philadelphia Career Connection (TriCo) Interview day for jobs and internships with Greater Philadelphia area employers.
  - Application Deadline – 1/11
  - Event date: 1/27
  - Location: Haverford College

Find full event details at [http://www.swarthmore.edu/career-services](http://www.swarthmore.edu/career-services)

** Pre-registration required
How Can a Career Counselor Help?

Career counseling begins with developing self-awareness – before we even think about choosing a career.

Self-awareness is the first step to success in anything you tackle, whether it's in academic, social, or professional settings. It is absolutely the first step in choosing a major and career. The tendencies that your personality type exhibit can help you deal with different experiences and how you approach/handle challenges.

Curious about your “perceived” personality type, try this quick self-assessment.

You are planning your favorite kind of party. It’s a:

- Big bash with lots of people, some you don’t know. You’re excited to meet new people. E or I
- Small dinner party, close friends, and in depth conversation with folks you know well.

If you had to describe a Coke can to an alien, you would say:

- It’s a cylinder. It’s red and white. It holds 12 oz. of liquid, is 4.75” tall, diameter of 2.5”. S or N
- It holds a delicious drink. Lots of sugar. People drink it at parties. Caffeine for a quick pick-me-up.

Your little league baseball team is going to the World Series in China. Of the 14 kids on the team, only 11 can go. How do you decide who goes?

- Easy choice, the best and strongest players statistically. T or F
- Fund raise so all 14 can go. Narrow your list by considering best attendance, team spirit etc.

You’re given a big project that’s due in 6 weeks.

- Pick a topic and plan dates for each version of my draft, writing each of them in my calendar. J or P
- I will think about several potential topics for the next four weeks. I’ll get inspired at the last minute. Deadline.

As you go through the semester, you should take time to reflect on how those things have affected you. After that reflection, you can figure out what your strengths, weaknesses, and interests really are, and then we can even begin the conversation on major selection or further developing extracurricular interests. We offer a variety of inventories, including the Myers-Briggs Type Indicator (MBTI), to help you gain further insight.

Consider your perceived personality type with the self-assessment exercise above. Bring the results back during our Open House on Friday, 9/2 from 1-4pm where we’ll talk it through in more detail.

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Career Counselors also offer assistance with career planning and developing your job and internship search strategies. Career Counselors and Career Peer Advisors will review the content and presentation of resumes and cover letters. We offer a wide range of assistance in preparing for interviews, including mock interviews. If graduate school is in your future, we will also assist with your application process.

Drop by our office in 135 Parrish weekday afternoons between 1:00 and 4:30 PM with quick questions or to have a resume reviewed by our trained Career Peer Advisors. No appointment necessary.