

2008 Men's Cross Country Times

	Aug. 30	Sep. 20	Sept. 23	Oct. 3	Oct. 18	Nov. 1	Nov. 15
	Delaware Valley Invite	Dickinson Long/Short	Main Line Invite	Paul Short Invite	DeSales Invite	CC Champ	NCAA Regionals
Team	8th			20th	5th	7th	19th
Course Length	8 K	4 K	4 Miles	8 K	8 K	8 K	8 K
Bhandari, Shiv	-	15:36.5	26:16.24	-	-	<i>34:35.08</i>	-
Breslow, Alex		-	-	-	33:15.51	-	-
Fairfax-Columbo	-	16:37.23	27:07.03	34:11	34:22.25	<i>34:00.00</i>	-
Frye, Alex	-	14:02.39	22:20.59	28:37	31:59.83	30:50.09	29:48
Darby, Conner	32:56.87	14:39.40	24:16.95	-	30:48.59	29:07.56	29:24
Gershenson, Zach	32:03.16	13:49.13	22:38.84	-	-	-	-
Hartnett, Patrick	29:44.41	12:52.56	20:55.77	27:09	27:28.33	28:07.51	28:16
Hodson, Dan	30:49.28	13:27.93	21:39.72	27:33	27:16.96	27:44.82	27:34
Huntington, Charlie	34:26.40	14:45.47	24:55.05	30:20	31:40.44	31:21.56	-
Mayer-Bacon, C.	34:21.13	14:41.52	24:31.95	-	31:15.01	30:47.40	-
Montag, Hugh	-	15:42.01	26:18.43	33:15	-	33:12.85	-
Ly, Daniel	-	17:27.67	-	-	37:58.33	<i>40:02.71</i>	-
Riccardi, David	31:51.02	14:08.48	23:00.66	29:22	30:41.45	30:12.68	29:48
Saka, Erik	30:00.84	12:51.42	21:46.66	27:26	27:22.07	26:53.85	26:53
Tompkins, Jonathan	-	-	23:18.66	-	29:25.98	29:16.23	28:16
Wickham, Chris	36:46.57	15:08.41	24:02.31	30:58	31:33.63	30:51.19	-

**italicized times in CC Championship shows JV results

Notes a Season's Best

Notes a Personal Best

2008 Women's Cross Country Times

	Aug. 30	Sep. 20	Sept. 23	Oct. 3	Oct. 18	Nov. 1	Nov. 15
	Delaware Valley Invite	Dickinson Long/Short	Main Line Invite	Paul Short Invite	Seven Sisters at Smith	CC Champ Meet	NCAA Regionals
Team	2nd	-			1st	4th	7th
Course Length	6 Kilometers	4 Kilometers	3 Miles	6 Kilometers	5 Kilometers	6 Kilometers	6 Kilometers
Adams, Margot	34:34.63	20:00.23	-	-	26:16.50	<i>31:42.23</i>	-
Baumann, Rachel	29:28.47	18:52.50	22:31.88	-	-	-	-
Black-Schaffer, S.	-	-	21:11.76	26:40	-	27:34.76	-
Brett, Chelsea	-	17:24.40	20:51.18	-	-	-	-
Corbett, Nyika	24:20.07	-	17:55.57	-	19:31.80	23:32.66	23:37
Davies, Ashley	26:37.16	-	-	24:52	20:59.90	23:50.46	24:26
DeLuca, Lauren	27:37.69	16:05.65	19:09.93	24:12	20:36.10	24:30.22	-
Din, Mairin	26:39.80	15:48.50	19:01.37	-	-	-	-
Eng, Amanda	26:52.21	16:19.40	19:56.58	24:36	21:15.60	24:59.28	-
Farnos-Wilker, A.	34:40.84	-	-	-	26:16.50	-	-
Fenney, Kathy	26:13.60	15:29.78	18:43.76	23:34	20:27.30	23:49.63	24:09
Feigen, Mariel	31:38.59	18:24.06	-	27:14	-	28:22.35	-
Frick, Melissa	26:13.82	15:07.68	18:28.14	23:09	19:43.30	23:03.17	24:03
Hightower, Heather	-	-	35:04.58	-	-	-	-
Lenfest, Margret	-	18:03.19	22:24.84	-	22:06.00	26:37.50	-
Lopez, Liz	28:03.78	16:50.98	20:32.12	26:15	-	26:58.54	-
Marquez, Margret	-	17:49.18	22:55.57	-	-	27:37.20	-
Noonan, Chloe	31:47.77	18:06.07	22:02.82	-	-	-	-
Okun, Ada	27:21.10	16:10.86	19:31.26	-	21:39.40	24:56.92	-
Pampel, Faith	26:36.89	15:55.27	19:27.45	23:42	20:37.60	24:33.63	-
Rose, Hannah	27:12.26	15:58.32	-	-	20:36.60	24:15.72	-
Russell, Caitlin	-	-	20:42.32	25:34	-	27:34.51	-
Ritter, Bess	25:26.75	-	18:54.18	23:31	20:03.90	-	24:23
Stanley, Emma	25:33.61	15:47.90	-	23:45	20:16.90	24:04.96	24:05
Tam, Bettina	-	17:28.82	-	26:44	22:56.20	-	-
Woo, Rebecca	27:05.78	15:55.66	19:11.40	23:55	21:01.70	24:33.63	24:34

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2007 Women's Cross Country Times

	Sep. 1	Sep. 20	Sept. 28	Oct. 6	Oct. 13	Oct. 27	Nov. 11
	Delaware Valley Invite	Main Line Invite	Paul Short Invite	Dickinson Long/Short	Seven Sisters Championship	CC Champ	NCAA Regionals
Team	3rd out of 15			6 out of 20	4 out of 6	4th out of 10	6th out of 37
Course Length	6 K	3 Mile	6 K	4 K	5 K	6 K	6 K
Adams, Margot	35:51.72	24:26.20	31:31	20:42.93	27:09	33:48	-
Brett, Chelsea	28:32.92	19:50.30	24:55	16:20.53	20:18	25:57	-
Corbett, Nyika	-	19:47.20	24:22	16:11.84	19:39	24:20	22:58
Davies, Ashley	25:33.64	19:05.90	23:39	15:42.83	-	23:48	23:07
DeLuca, Lauren	27:42.94	19:37.50	24:17	16:12.56	20:22	24:58	24:17
Fenney, Kathy	27:43.48	19:34.90	24:13	16:02.59	20:12	25:01	23:37
Feigen, Mariel	-	22:37.70	28:28	18:16.78	23:30	28:56	-
Noonan, Chloe	32:26.90	23:27.80	-	-	-	-	-
Okun, Ada	28:22.87	19:41.70	24:34	16:15.42	20:44	25:26	-
Pampel, Faith	27:44.09	19:50.90	24:28	16:29.24	20:27	25:07	-
Russell, Caitlin	27:39.91	19:15.10	24:10	15:48.69	-	25:03	23:09
Ritter, Bess	28:27.15	20:18.30	24:08	16:14.59	20:11	25:02	23:53
Stanley, Emma	25:33.97	18:42.60	23:43	15:43.79	19:38	24:19	23:03
Tam, Bettina	31:30.11	22:40.10	-	-	22:57	28:13	-
Woo, Rebecca	-	20:02.40	24:47	17:19.37	21:28	27:02	-

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Notes a Personal Best

2006 Women's Cross Country Times

	Sep. 2	Sep. 21	Sept. 29	Oct. 7	Oct. 14	Oct. 28	Nov. 11
	Chestnut Hill	Main Line Invite	Paul Short Invite	Dickinson Long/Short	Seven Sisters Champ	CC Champ	NCAA Regionals
Team			3 out of 27	2 out of 21	2 out of 7	5 out of 10	6 out of 41
Course Length		5 K		4 K	3 Miles	6 K	6 K
Corbett, Nyika		18:10	23:05	14:59.45	18:31	23:35	24:15
DeLuca, Lauren		20:22	25:11	17:05.48	20:47	26:11	27:47
Fenney, Kathy		19:36	24:25	16:01.59	19:28	25:46	25:03
Noonan, Chloe		-	-	18:08.16	-	-	-
Pampel, Faith		19:50	24:31	16:05.64	19:34	25:14	26:58
Ritter, Bess		19:14	24:12			26:03	26:10
Stanley, Emma		18:28	23:00	15:15.12	18:37	23:55	24:16
Tam, Bettina		24: 14	-	20:14.40	-	-	-

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2005 Women's Cross Country Times

	Sep. 23	Oct. 1	Oct. 7	Oct. 15	Oct. 29	Nov. 12
	Main Line Invite	Dickinson Long/Short	Blue Jay Invite	Seven Sisters Championship	CC Champ	NCAA Regionals
Team		3 out of 34			3 out of 10	5 out of 42
Course Length	3 Miles	4 K	6 K	3 Miles	6 K	6 K
Fenney, Kathy	20:45.80	16:42.31	25:05	21:36.4	24:44	-
Pampel, Faith	20:48.40	16:52.98	25:01	21:37.1	25:00	-
Ritter, Bess	19:47.60	16:15.86	24:31	21:29.6	25:31	25:28.1
Stanley, Emma	18:54.50	15:35.07	23:28	20:05.2	23:08	23:25.2

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	Delaware Valley Invite	Main Line Invite	Paul Short Invite	Dickinson Long/Short	DeSales Invite	CC Champ	NCAA Regionals
Team	7th out of 19				3rd out of 20	5 out of 9	8th out of 41
Course Length	8 K	4 Mile	8 K	4 K	8 K	8 K	8 K
Breslow, Alex	33:25.4	-	-	-	-	-	-
Fairfax-Columbo	37:35.79	-	-	16:06.30	33:31.19	-	-
Darby, Conner	-	24:10.60	-	-	30:50.81	30:44	-
Frye, Alex	-	22:48.50	28:28	-	28:47.45	28:17	27:35
Hartnett, Patrick	30:53.07	22:12.50	27:54	13:09.87	27:30.60	27:50	26:53
Hodson, Dan	30:42.58	22:10.90	-	13:46.81	28:25.91	28:20	27:02
Mayer-Bacon, C.	-	25:30.30	-	14:52.52	32:08.53	32:42	-
Montag, Hugh	-	-	35:10	16:18.94	-	-	-
Riccardi, David	32:27.93	23:02.70	30:23	-	30:50.37	30:27	-
Saka, Erik	30:30.12	21:26.20	27:00	13:03.21	27:01.11	26:51	26:08
Tompkins, Jonathan	29:52.93	21:20.60	27:23	13:19.05	-	28:58	-

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	Sep. 2	Sep. 21	Sept. 29	Oct. 7	Oct. 14	Oct. 28	Nov. 11
	Chestnut Hill	Main Line Invite	Paul Short Invite	Dickinson Long/Short	DeSales Invite	CC Champ	NCAA Regionals
Team	8th				3rd out of 20	4th out of 9	9th out of 39
Course Length	8 K	4 K	4 Miles	4 K	8 K	8 K	8 K
Fairfax-Columbo		26:49	-	15:53.33	34:19.21	-	-
Hodson, Dan		21:55	-	13:33.23	28:15.11	28:06	28:29
Riccardi, David		22:45	-	14:08.86	30:17.76	27:41	-
Saka, Erik		21:28	27:01	13:03.65	27:24.97	27:04	27:31
Tompkins, Jonathan		22:08	27:45	13:34.52	29:33.93	29:29	30:30

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	Sep. 23	Oct. 1	Oct. 7	Oct. 15	Oct. 29	Nov. 12
	Main Line Invite	Dickinson Long/Short	Blue Jay Invite	DeSales Invite	CC Champ	NCAA Regionals
Team	8th		1 out of 15	3 out of 23		7 out of 40
Course Length	4 Miles	6 K	8 K	8 K	8 K	8 K
Hodson, Dan	22:04.90	13:26.32	28:04	-	28:25	-
Saka, Erik	22:07.00	13:27.53	29:32	28:46.71	27:33	27:39.5

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